

Read this page clearly and quickly in two breaths

Clear Speech and Breathing Warmup

You wouldn't believe what I saw today,

An amazing procession came surging my way.

Builders and plumbers and gardeners and others,

Bantering groups of workmen and brothers,

Each with their bags full of tools in white vans,

'To build a new town,' said the Man with the Plans. (breath)

But what he then told me was really quite odd –

'My workmen,' he said with a wink and a nod,

'Can only do jobs, that for your perusal

Are either old-fashioned or very unusual.'

So I wrote down each action of what I saw next;

Are you willing to say all this tongue-twisting text? (breath)

The tongue-tangling text ...

They

ambled

ailed

addled

and angled



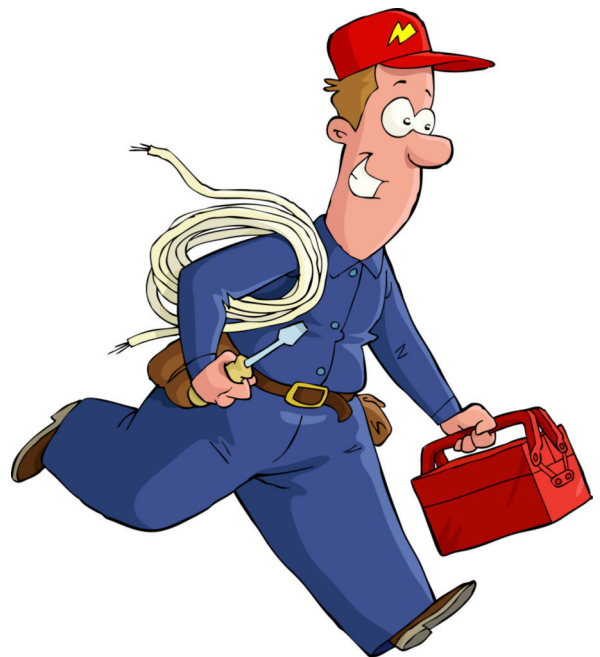
They

buckled

bailed

babbled

and bustled



Breathe only at the full stop at the end of each odd-numbered page.

They

untangled
unbuckled
undid and
unscrambled



They

ventilated
variegated
validated
and verified

